

NATIONAL STALKING AWARENESS MONTH

COMMUNITY PLEDGE 2022

Take this pledge for National Stalking Awareness Month!

January 2022 marks the eighteenth [National Stalking Awareness Month \(NSAM\)](#), an annual call to action to recognize and respond to this traumatic and dangerous crime. There are many ways to get involved promoting NSAM and raising awareness around stalking. This month—and all year long—we encourage you to explore and support our theme of KNOW IT, NAME IT, STOP IT.

Use this pledge to honor NSAM and take time to consider why stalking is so underreported, misunderstood, and minimized and what we can do to change that.

Post it on your fridge at home as a personal reminder, by your desk at work or on social media as a public reminder, and/or wherever else you're comfortable posting it. Encourage your friends and family to join you and sign their own pledges as well.

We each have a part to play in supporting victims and holding offenders accountable—what's yours?

"It's not easy to describe the fear you have when you see the stalker—or signs of the stalkers—everywhere you go. I have given up all hope of ever having a safe life. For the rest of my life, I will be looking over my shoulder, expecting to see him there." –Stalking Survivor

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JANUARY 2022

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With this Community Pledge, I am responding to a call to action to affirm my commitment to raise awareness around stalking and do my part to Know It, Name It, and Stop It.

I, _____, pledge to _____

I believe that I can make a difference in my community to end stalking.

I will use my voice to name stalking when I see it and educate others about it.

I will listen to stalking victims who share their experiences.

I will support others—friends, family, advocates, police, prosecutors, judges, campuses, medical professionals who work with victims—whenever I can to improve their responses to stalking victims.

I will encourage others to learn about stalking, name it when they see it, and join me in stopping it.

I will live this pledge today, tomorrow, and after National Stalking Awareness Month ends.

Signature

Date